

# ASHBURY ACTIVITY PROGRAMME 2025

| ACTIVITIES                              |   |                | MONDAY   |           | TUESDAY                |           | WEDNESDAY     |           | THURSDAY               |           | FRIDAY        |           | SATURDAY               |           | SUNDAY        |           | ACTIVITIES                              |                |   |
|---|---|----------------|--|-----------|------------------------|-----------|---------------|-----------|------------------------|-----------|---------------|-----------|------------------------|-----------|---------------|-----------|---|----------------|---|
|   |   |                | 10th November  |           | 11th November          |           | 12th November |           | 13th November          |           | 14th November |           | 15th November          |           | 16th November |           |   |                |   |
|   |   |                | AM   | PM        | AM                     | PM        | AM            | PM        | AM                     | PM        | AM            | PM        | AM                     | PM        | AM            | PM        |   |                |   |
| Range                                   | 1 | Air Rifle      |  |           |                        | 3.10-4.30 |               | 4.40-6.00 |                        |           |               | 4.40-6.00 |                        |           |               | 4.40-6.00 | Air Rifle                               | 1              |   |
|   | 2 | Air Pistol     |  | 3.10-4.30 |                        |           |               | 3.10-4.30 |                        | 4.40-6.00 |               |           |                        | 3.10-4.30 |               |           | Air Pistol                              | 2              |   |
|   | 3 | Archery        |  | 4.40-6.00 |                        | 4.40-6.00 |               |           |                        | 3.10-4.30 |               | 3.10-4.30 |                        | 4.40-6.00 |               | 3.10-4.30 | Archery                                 | 3              |   |
|   | 4 | Hydro Spa      | 7.00am-7.00pm  |           | 7.00am-7.00pm          |           | 7.00am-7.00pm |           | 7.00am-7.00pm          |           | 7.00am-7.00pm |           | 7.00am-7.00pm          |           | 7.00am-7.00pm |           | Hydro Spa                               | 4              |   |
|   | 5 | Cycle Hire     | Please check availabilty and cycle routes in our Pro shop.                             |           |                        |           |               |           |                        |           |               |           |                        |           |               |           |   | Cycle Hire     | 5 |
|   | 6 | Coarse Fishing | Coarse fishing available at Lakeside Fishery (Next to Ashbury) Please call 07900198113 |           |                        |           |               |           |                        |           |               |           |                        |           |               |           |   | Coarse Fishing | 6 |
| Therapy treatments                      |   |                | Please check availability and Bookings at Reception                                    |           |                        |           |               |           |                        |           |               |           |                        |           |               |           | Therapy treatments                      |                |   |
| Lucky Numbers                           |   |                |  |           |                        |           |               |           |                        |           |               |           |                        |           |               |           | Lucky Numbers                           |                |   |
| ASHBURY EVENING<br>ACTIVITY FROM 9.00pm |   |                | Sports Quiz  |           | General Knowledge Quiz |           | Music Quiz    |           | General Knowledge Quiz |           | Sports Quiz   |           | General Knowledge Quiz |           | Music Quiz    |           | ASHBURY EVENING<br>ACTIVITY FROM 9.00pm |                |   |

Also Check Our Manor House Activity Programme