## **ASHBURY ACTIVITY PROGRAMME 2025**

	ACTIVITIES -	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		ACTIVITIES
		22nd September		23rd September		24th September		25th September		26th September		27th September		28th September		
		AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	
	1 Air Rifle				3.10-4.30		4.40-6.00				4.40-6.00				4.40-6.00	Air Rifle 1
Range	2 Air Pistol		3.10-4.30				3.10-4.30		4.40-6.00				3.10-4.30			Air Pistol 2
	3 Archery		4.40-6.00		4.40-6.00				3.10-4.30		3.10-4.30		4.40-6.00		3.10-4.30	Archery 3
	4 Hydro Spa	7.00am	7.00am-7.00pm 7.00am-7.00pm		-7.00pm	7.00am-7.00pm 7.00		7.00am	-7.00pm	7.00am-7.00pm		7.00am-7.00pm 7.00am		-7.00pm	Hydro Spa 4	
	5 Cycle Hire		Please check availabilty and cycle routes in our Pro shop.													Cycle Hire 5
	6 Coarse Fishing	Coarse fishing available at Lakeside Fishery (Next to Ashbury) Please call 07900198113														Coarse Fishing 6
ľ	Therapy treatments						Please check	availability a	nd Bookings a	t Reception						Therapy treatments
	Lucky Numbers															Lucky Numbers
	ASHBURY EVENING ACTIVITY FROM 9.00pm	Sport	s Quiz	General Knowledge Quiz		Musi	usic Quiz General Kno		wledge Quiz	iz Sports Quiz		General Knowledge Quiz Music		c Quiz	ASHBURY EVENING ACTIVITY FROM 9.00pm	

Also Check Our Manor House Activity Programme