



ASHBURY ACTIVITY PROGRAMME 2025



| ACTIVITIES | | | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | SATURDAY | | SUNDAY | | ACTIVITIES | | |
|--------------------------------------|----|------------------------|--|-----------|---------------|-----------|------------------------|-----------|---------------|-----------|---------------|-----------|------------------------|----|---------------|------------|--------------------------------------|--------------------|--|
| | | | 21st April | | 22nd April | | 23rd April | | 24th April | | 25th April | | 26th April | | 27th April | | | | |
| | | | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM | | | |
| Range | 1 | Air Rifle | 9.00-11.00 | | | | 4.30-6.00 | | 3.10-4.30 | | | | 4.40-6.00 | | 3.10-4.30 | Air Rifle | 1 | | |
| | 2 | Air Pistol | | 2.00-4.00 | | 4.40-6.00 | | 3.10-4.40 | | | 4.40-6.00 | | 3.10-4.30 | | | Air Pistol | 2 | | |
| | 3 | Archery | 11.00-1.00 | 4.00-6.00 | | 3.10-4.30 | | | | 4.40-6.00 | | 3.10-4.30 | | | | 4.40-6.00 | Archery | 3 | |
| | 4 | New Kurling | 11.30-1.00 | | | | | | | | | | | | | | New Kurling | 4 | |
| | 5 | Pickleball Competition | 9.30-11.00 | | | | | | | | | | | | | | Pickleball Competition | 5 | |
| Sport | 6 | Table Tennis | | 4.00-5.30 | | | | | | | | | | | | | Table Tennis | 6 | |
| | 7 | 5-a-Side | | 2.00-3.30 | | | | | | | | | | | | | 5-a-Side | 7 | |
| | 8 | Hydro Spa | 7.00am-7.00pm | | 7.00am-7.00pm | | 7.00am-7.00pm | | 7.00am-7.00pm | | 7.00am-7.00pm | | 7.00am-7.00pm | | 7.00am-7.00pm | | Hydro Spa | 8 | |
| | 9 | Cycle Hire | Please check availabilty and cycle routes in our Pro shop. | | | | | | | | | | | | | | Cycle Hire | 9 | |
| | 10 | Coarse Fishing | Coarse fishing available at Lakeside Fishery (Next to Ashbury) Please call 07900198113 | | | | | | | | | | | | | | Coarse Fishing | 10 | |
| Therapy treatments | | | Please check availability and Bookings at Reception | | | | | | | | | | | | | | | Therapy treatments | |
| ASHBURY EVENING ACTIVITY FROM 9.00pm | | | Sports Quiz | | Music Quiz | | General Knowledge Quiz | | Sports Quiz | | Music Quiz | | General Knowledge Quiz | | Sports Quiz | | ASHBURY EVENING ACTIVITY FROM 9.00pm | | |

Also Check Our Manor House Activity Programme